

Nutrition Facts

12 servings per container

Serving size

1 Roll (60g/2.1 oz)

Amount per serving

Calories 150

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 180mg **8%**

Total Carbohydrate 25g **9%**

Dietary Fiber 1g **4%**

Total Sugars 5g

Includes 3g Added Sugars **6%**

Protein 7g

Vitamin D 1mcg 6% • Calcium 88mg 6%

Iron 2mg 10% • Potassium 103mg 2%

Thiamin 0.2mg 15% • Riboflavin 0.2mg 15%

Niacin 2mg 15% • Folate 79mcg DFE 20%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

R7.4.7

INGREDIENTS: UNBLEACHED ENRICHED **WHEAT** FLOUR (FLOUR, FERROUS SULFATE, NIACIN, THIAMIN, RIBOFLAVIN, FOLIC ACID), NONFAT **MILK**, RECONSTITUTED POTATOES (FROM POTATO FLOUR), YEAST, SUGAR, CANE SUGAR SYRUP, **WHEAT** GLUTEN, SUNFLOWER OIL, CONTAINS 2 PERCENT OR LESS OF EACH OF THE FOLLOWING: SALT, BUTTER, DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES AND DIGLYCERIDES), MONOCALCIUM PHOSPHATE, CALCIUM PROPIONATE (A PRESERVATIVE), GUAR GUM, ASCORBIC ACID, DATEM, CALCIUM SULFATE, ENZYMES, TURMERIC COLOR, ANNATTO COLOR, SESAME SEEDS.