

Nutrition Facts

8 servings per container

Serving size

1 Roll (64g/2.3 oz)

Amount per serving

Calories 160

% Daily Value*

Total Fat 2g **3%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 290mg **13%**

Total Carbohydrate 27g **10%**

Dietary Fiber 1g **4%**

Total Sugars 2g

Includes less than 1g Added Sugars **2%**

Protein 7g

Vitamin D 0mcg 0% • Calcium 95mg 8%

Iron 2mg 10% • Potassium 81mg 2%

Thiamin 0.3mg 25% • Riboflavin 0.2mg 15%

Niacin 3mg 20% • Folate 96mcg DFE 25%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

R10.6.13

INGREDIENTS: UNBLEACHED ENRICHED **WHEAT** FLOUR (FLOUR, FERROUS SULFATE, NIACIN, THIAMIN, RIBOFLAVIN, FOLIC ACID), WATER, YEAST, NONFAT **MILK**, SUGAR, CANE SUGAR SYRUP, **WHEAT** GLUTEN, SUNFLOWER OIL, CONTAINS 2 PERCENT OR LESS OF EACH OF THE FOLLOWING: SALT, CALCIUM PROPIONATE (A PRESERVATIVE), DOUGH CONDITIONERS (SODIUM STEAROYL LACTYLATE, MONOGLYCERIDES AND DIGLYCERDIES), MONOCALCIUM PHOSPHATE, GUAR GUM, ASCORBIC ACID, DATEM, CALCIUM SULFATE, ENZYMES, SESAME SEEDS